

Intent, Implementation and Impact in PSHE

The intent of our PSHE curriculum is to provide a broad curriculum which is accessible to all pupils and that will underpin and promote learning across other subjects so that pupils will understand, remember and know more. As a result of this, pupils will become confident, healthy, responsible and independent members of society equipped with the knowledge and skills to tackle the moral, social and cultural issues that they face now and in the future. Our pupils are provided with opportunities to learn about rights and responsibilities and also to appreciate what it means to live as a member of a diverse society. In addition, our pupils are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.

Intent	Research Link	Implementation	Impact
<p>To provide a PSHE curriculum which develops learning and results in the acquisition of knowledge and skills and which enables children to access the wider curriculum in preparation to be global citizens now and in their future roles within a global community.</p> <p>To develop a PSHE curriculum with appropriate subject knowledge, skills and understanding to fulfil the requirements of the National Curriculum whereby schools must provide a balanced and broadly-based curriculum which promotes the spiritual, moral, cultural, mental and physical development of its pupils.</p>	<p>PSHE Association 'A Curriculum for Life' states 'PSHE education has significant potential to boost pupils' life chances, helping them to stay safe both online and offline, improve their physical and emotional health and develop the character, resilience and skills they need to succeed academically and in the workplace.'</p> <p>The 2017 Sutton Trust 'Life Lessons' report found that skills and attributes such as confidence, social skills, self-control and resilience support success in school and work and are highly valued by employers. (A Curriculum for Life – PSHE Association)</p> <p>The PSHE Association indicates 'Ofsted found a strong correlation between schools judged 'outstanding' in their most recent Ofsted Section 5 inspection and those judged outstanding for their PSHE education provision'.</p>	<p>A broad PSHE curriculum which will focus on the core learning themes: relationships; health and wellbeing and living in the wider world.</p> <p>The PSHE curriculum will include opportunities to link British Values, Spiritual, Moral, Social and Cultural education (SMSC) and Relationships and Sex Education (RSE).</p> <p>All subjects make a link with PSHE and the language is used consistently by all staff.</p> <p>Whole school, Key Stage, House and Class assemblies always make a link to PSHE, British Values and SMSC. School Council elections, meetings and feedback provide opportunities to link democracy and citizenship.</p>	<p>Children will demonstrate and apply the British Values of Mutual Respect, Tolerance, Rule of Law and Liberty.</p> <p>Children will demonstrate a healthy outlook towards school; attendance will be at least in line with national expectations and behaviour will be good.</p> <p>The majority of children will achieve age related expectations across the wider curriculum.</p> <p>Children will be equipped with the tools to develop a healthy lifestyle with regard to diet, exercise and be able recognize aspects of their own personal identity.</p>
<p>To develop a PSHE Curriculum that incorporates the understanding of RSE so that children will know how to be safe and to understand and develop healthy relationships both now and in their future lives.</p>	<p>An international Cochrane Study suggests that when pupils receive lessons on sex and relationships, disclosures about abuse and exploitation increase significantly. (A Curriculum for Life – PSHE Association)</p> <p>A DfE review of PSHE education provision also found a range of positive outcomes from PSHE provision, including improved attitudes to health, being able to deal with personal difficulties and improved behaviour. (A Curriculum for Life – PSHE Association)</p>	<p>RSE is incorporated within PSHE in line with the new recommendations in the National Curriculum (February 2019). The teaching and learning of RSE is planned explicitly within each year group.</p> <p>RSE is appropriately resourced.</p> <p>Parents are informed of the content of the RSE component of PSHE during transition meetings or planned information sessions and further support or clarification will be given if required.</p>	<p>Children will develop positive and healthy relationships with their peers both now and in the future.</p> <p>Children will understand the physical aspects involved in RSE at an age appropriate level.</p> <p>Children will have respect for themselves and understand that they have a responsibility to respect others.</p>

In developing our PSHE curriculum, we have used published PSHE materials including PSHE Association resources, Medway Directorate resources, Merryhills and SEAL resources.

PSHE Long Term Overview

	Autumn - Relationships			Spring – Living in the Wider World			Summer – Health and Wellbeing		
	Families and Friendships	Safe Relationships	Respecting Ourselves and Others	Belonging to a Community	Media Literacy & Digital Resilience	Money and Work	Physical Health & Mental Wellbeing	Growing and Changing	Keeping Safe
1	Roles of different people in families; Feeling cared for	Recognising privacy; Staying safe; Seeking permission	How behaviour affects others; being polite and respectful	What rules are; caring for the needs of others; looking after the environment	Using the internet and digital devices; communicating online	Strengths and interests; jobs in the community	Keeping healthy, food and exercise, hygiene routines; sun safety	Recognising what makes them unique and special; feelings; managing when things go wrong	How rules and age restrictions help us; keeping safe online
2	Making friends; Feeling lonely and getting help	Managing secrets; resisting pressure and getting help; recognising hurtful behaviour	Recognising similarities and differences; playing and working co-operatively; sharing opinions	Belonging to a group; roles & responsibilities; being the same and different in the community	The internet in everyday life; online content and information	What money is; needs and wants; looking after money	Why sleep is important; medicines and keeping healthy; keeping teeth healthy; managing feelings and asking for help	Growing older; naming body parts; moving class / year group	Safety in different environments; risk and safety at home; emergencies
3	What makes a family Features of family life	Personal boundaries; safely responding to others; the impact of hurtful behaviour	Recognising respectful behaviour; importance of self-respect; courtesy and being polite	The value of rules and laws; rights freedoms and responsibilities	How the internet is used; assessing information online	Different jobs and skills; job stereotypes; setting personal goals	Health choices and habits; what affects feelings; expressing feelings	Personal strengths and achievements Managing and reframing setbacks	Risks and hazards; safety in the local environment and unfamiliar places
4	Positive friendships (including online)	Responding to hurtful behaviour; managing confidentiality; recognising risks online	Discussing differences and similarities; discussing differences sensitively	What makes a community; shared responsibilities	How data is shared and used	Making decisions about money; using and keeping money safe	Maintaining a balanced lifestyle; oral hygiene and dental care	Physical and emotional changes in puberty; personal hygiene routines; support with puberty	Medicines and household products; drugs common to everyday life
5	Managing friendships and peer pressure	Physical contact and feeling safe	Responding respectfully to a wide range of people; recognising prejudice and discrimination	Protecting the environment Compassion towards others	How information online is targeted; different media types, their role and impact	Identifying job interests and aspirations; what influences career choices; workplace stereotypes	Healthy sleep habits; sun safety; medicines, vaccinations, immunisations and allergies	Personal identity; recognising individuality and different qualities; mental wellbeing	Keeping safe in different situations, including responding in emergencies, first aid and
6	Different kinds of relationships	Recognising and managing peer pressure; consent in different situations	Expressing opinion and respecting other points of view including the discussion of topical issues	Valuing diversity; challenging discrimination and stereo-types	Evaluating media sources; sharing things online	Influences and attitudes to money; money and financial risks	What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online	Human reproductions and birth; increasing independence; managing transition	Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media